

**KINESIOLOGY AND HEALTH PROMOTION DEPARTMENT**  
**PROJECTED COURSE OFFERINGS: 2024-2025**

(Revised 5/7/2024)

Course	Course Title	Prerequisites	Unit	Sem
2020	Introduction to Kinesiology and Health Promotion		3	F/S
2040/L	Introduction to Biomechanics/Laboratory (previously KIN 3040)	BIO 2340/L	3/1	F/S
2050	Applied Health & Well-Being (for KHP majors)		3	F/S
2070	Health and Well-Being (GE E) (for non-majors)		3	F/S
2200	Movement Education for Diverse Populations		3	F/S
2220	Introduction to Physical Education Teacher Education (PETE)		3	F
2230	Standards and Assessment		3	F
2290	Contemporary Issues in Kinesiology and Health Promotion		3	F/S
2300	Introduction to Sport and Social Justice		3	NA
2400	Foundations of Public Health and Applied Epidemiology		3	NA
2460	Foundations of Adapted Physical Activity		3	F/S
2700	Stress Management for Healthy Living (GE E)		3	F/S
2990/A/	Special Topic for Lower Division Students		1-3	F/S*
3010	Foundations of Exercise Science (GE B5)	A, B1-B4	3	F/S
3030/L	Exercise Physiology/Laboratory	BIO 2350/L	3/1	F/S
3100	Elementary Physical Education	KIN 2220, KIN 2230, KIN 2460 or KIN 2460/A	3	F/S
3110	Secondary Physical Education - 1	KIN 2220, KIN 2230, KIN 2460 or KIN 2460/A	3	F
3120/A	Secondary Physical Education - 2/Activity	KIN 2220 or KIN 2220/A, KIN 2230, KIN 2460 or KIN 2460/A	2/1	S
3130/A	Teaching Aquatics/Activity	KIN 2220, KIN 2230, KIN 2460 or KIN 2460/A	1/1	F
3140/A	Outdoor Education and Adapted Games/Activity	KIN 2220, KIN 2230, KIN 2460 or KIN 2460/A	1/1	S
3400	Health Disparities and Social Justice	KIN 2400, SOC 2201	3	NA
3460/A	Applied Adapted Physical Education/Activity	KIN 2220, KIN 2230, KIN 2460 or KIN 2460/A	1/2	F/S
3520/A	Exercise Prescription and Fitness Testing/Activity	BIO 2340/L & BIO 2350/L	3/1	F
3600	Research Methods in Health and Human Movement	STA 1200, KIN 2020	3	F/S
3620/A	Motor Behavior/Activity	KIN 2040/L or KIN 3030/L	3/1	F/S
3650	Dimensions of the Aging Process		3	F/S
4000	Special Study for Upper Division Students (1-3)	UD stand	1-3	F/S*
4040	Applied Biomechanics	KIN 2040/L or 3040/L	3	NA
4080	Drugs and Society		3	F/S
4120/L	Movement Anatomy and Evaluation/Laboratory	KIN 2040/L or 3040/L	2/1	NA

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Course	Course Title	Prerequisites	Unit	Sem
4200	Physical Education Curriculum and Assessment	KIN 3100-3140/A and 3460/A	3	S
4300	Philosophical and Ethical Issues in Health and Human Movement	UD stand	3	F/S
4330/A	Adapted Physical Education Motor Assessment/Activity	KIN 3460/A	2/1	S
4410	Internship in Kinesiology	UD or Grad standing	1-2	F/S
4430	Inequality in Sport and Physical Activity (Upper Division GE D)	A, D1-D2	3	F/S
4450	Social and Historical Perspectives in Kinesiology		3	F
4460	Sport, Media and Social Justice (Upper Division GE D)	A, D1-D2	3	NA
4480	Sport, Race and Social Justice		3	NA
4490	Sport, US Culture and Social Justice (Upper Division GE D)	A, D1-D2	3	F
4500/L	Electrocardiography in Health and Exercise/Laboratory	KIN 3030/L	2/1	NA
4530/A	Sport Injury and Illness/Activity	Waived for 24-25	3/1	S
4540	Exercise Bioenergetics and Metabolism	KIN 3030/L	3	S
4550	Principles of Strength and Conditioning	KIN 3030/L	3	F
4560	Motor Learning and Control	KIN 2040/L and KIN 3620/A	3	NA
4570	Sports Psychology	KIN 2020, PSY 3326	3	S
4580	Exercise Prescription and Fitness Testing for Diverse Populations	KIN 3520/A or 4510/A	2	NA
4610	Senior Project	Senior Standing	3	F/S*
4620	Physical Education Teacher Education Capstone	KIN 3100-3140/A and 3460/A	3	S
4650/A	Intervention Design and Evaluation/Activity	KIN 3600, UD Standing or Consent of Instructor	3/1	NA
4700	Emotional Wellbeing and Stress Prevention (D4)	A and D1-2	3	F/S
4990/A/	Special Topic for Upper Division Students		1-3	F/S*

\*Offered as needed. NA course not available this academic year.

Kinesiology and Health Promotion Core

PETE Option Courses

PETE and General Option Elective

General Option Core

General Option Electives

General Education