

Kirk Olescyski

Kinesiology
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Education

- 1995 – 1996 Louisiana State University
Graduate level courses beyond Master's degree in Kinesiology and Psychology
- 1990 – 1993 State University of New York at Buffalo
M.S., Exercise Science, Minor: Psychology
- 1985 – 1990 The Pennsylvania State University
B.S., Sport and Exercise Science, Minor: Psychology

Current Teaching Experience

- 2010 – present California State University, Fullerton
Department of Kinesiology and Health Science
Fullerton, California
Techniques of Coaching, Motor Learning and Control, Sport Psychology
- 2003 – present California Polytechnic University, Pomona
Department of Kinesiology and Health Promotion
Pomona, California
Motor Learning and Control, Tests and Measurements, Exercise Physiology,
Exercise Metabolism and Weight Control, Health/Fitness Instruction, Exercise
and Sport Psychology
- 2001 – present West Los Angeles College
Department of Health and Physical Education
Los Angeles, California
Online Health and Fitness, Health, Yoga, Weight Training, Fitness Center,
ACE™ Personal Trainer Certification Preparation, Soccer

Past Teaching Experience

- 1997 – 2009 California State University, Los Angeles
School of Kinesiology and Nutritional Science
Los Angeles, California
Motor Learning and Control, Motor Development, Tests and Measurements,
Introduction to Kinesiology, Fitness and Wellness, Yoga, Weight Training
- 1997 – 2005 UCLA Extension
Fitness Instructor Program
Los Angeles, California
Human Anatomy and Physiology, Fitness Evaluation, Exercise Programming,
ACSM™ Health/Fitness Instructor Certification Preparation
- 2003 – 2005 Rio Hondo College
Fitness Instructor Specialization Program
Whittier, California
Sports Nutrition, Applied Kinesiology, Applied Exercise Physiology, Anatomical
Kinesiology, Special Populations, Fitness Evaluation, Exercise Programming
- 1995 – 1996 Louisiana State University
Department of Kinesiology
Baton Rouge, Louisiana
Motor Development, Tests and Measurements, Motor Learning Laboratory
Fitness and Wellness, Weight Training, Independent Study

Related Professional Experience

2012 – present Quarterbacks Coach
Team California
Exclusive Football League (Professional football)
Chino, California

2009 – present Head Coach Freshmen Football
Citrus Valley High School
Redlands, California

2006 – 2008 Head Coach Freshmen Football
Cantwell Sacred Heart of Mary High School
Montebello, California

2003 Westside Extension
Fitness and Recreation Program
Culver City, California
ACE™ Personal Trainer Certification Preparation

2003 Culver City Senior Center
Fitness and Recreation Program
Culver City, California
Fitness Center Coordinator and Trainer

2002 El Camino College
Exercise Science Laboratory
Torrance, California
Laboratory Technician

1999 – 2000 California State University, Los Angeles
Center for Student Development and Programs
Los Angeles, California
Assistant Director for Wellness and Recreation

1996 – 2000 Fitness Institute for Training
Curriculum Development and Certification
Los Angeles, California
Advisory Board, Instruction, Certification

1996 – 1997 Lightning Handcycles
Research and Design, Sales
El Segundo, California
Research, Design, Instruction, Sales, Coach

1995 – 1996 Louisiana State University
Academic Center for Athletes
Baton Rouge, Louisiana
Academic Coach and Tutor

1993 – 1994 Body Wizard Sports Medicine
Rehabilitative Exercise
Venice, California
Rehabilitative Exercise Instruction, Wheelchair Sports Trainer and Coach

Professional References

Perky Vetter, Ph.D., Department Chairperson
Kinesiology and Health Promotion
Cal Poly Pomona
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Jane Witucki, Department Chairperson
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Pete Smolin, Athletics Director
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