

2024 COBRA Rates for Health, Dental and Vision Plans

Health Plan Name	Single (1)	Two-Party (2)	Family (3+)
Anthem Blue Cross Select HMO	\$944.08	\$1,888.16	\$2,454.61
Anthem Blue Cross Traditional HMO	\$1,221.90	\$2,443.80	\$3,176.93
Anthem Blue Cross EPO (Del Norte County)	\$1,240.19	\$2,480.37	\$3,224.49
Blue Shield Access+	\$910.34	\$1,820.68	\$2,366.88
Blue Shield Access+ EPO (Restricted to certain counties)	\$910.34	\$1,820.68	\$2,366.88
Blue Shield TRIO (Restricted to certain counties)	\$826.44	\$1,652.89	\$2,148.75
Health Net Salud y Mas	\$670.10	\$1,340.20	\$1,742.26
Kaiser (CA)	\$983.43	\$1,966.87	\$2,556.93
Kaiser Permanente Out-of-State	\$1,338.70	\$2,677.40	\$3,480.62
PERS Platinum (PERS Care and PERS Choice)	\$1,240.19	\$2,480.37	\$3,224.49
PERS Gold (PERS Select)	\$876.50	\$1,752.99	\$2,278.89
PORAC	\$870.06	\$1,742.16	\$2,264.40
Sharp (San Diego County)	\$849.90	\$1,699.81	\$2,209.75
UnitedHealthcare Alliance HMO	\$900.64	\$1,801.28	\$2,341.67
UnitedHealthcare Harmony HMO	\$778.97	\$1,557.95	\$2,025.33
Western Health Advantage (Bay Area, Sacramento, and other Northern regions)	\$823.37	\$1,646.75	\$2,140.78

Delta Dental PPO Indemnity Plan	Party Designation	Monthly Premium
	Single (1)	\$31.06
Basic	Two-Party (2)	\$58.67
	Family (3+)	\$117.80
Enhanced Level I	Single (1)	\$37.78
	Two-Party (2)	\$71.48
	Family (3+)	\$147.38
Enhanced Level II	Single (1)	\$46.77
	Two-Party (2)	\$88.25
	Family (3+)	\$172.41

Delta Care USA Prepaid HMO Plan	Party Designation	Monthly Premium
Basic	Single (1)	\$19.23
	Two-Party (2)	\$31.70
	Family (3+)	\$46.89
Enhanced	Single (1)	\$25.54
	Two-Party (2)	\$42.16
	Family (3+)	\$62.34

Plan Name	Single (1)	Two-Party (2)	Family (3+)
VSP Actives	\$7.09	\$7.09	\$7.09
VSP Actives Premier	\$11.20	\$22.40	\$36.07
VSP Retirees	\$5.20	\$9.49	\$10.17
VSP Retirees Premier	\$15.09	\$28.18	\$30.23