To: CPP Faculty

From: Victoria Bhavsar

Subject: StudentLingo workshops and a time management tip

Date: Wed, Sep 25, 2024

Dear faculty,

Here's a great resource for your students! <u>StudentLingo workshops</u> are short, interactive workshops on a variety of academic and personal skills such as exam preparation, time management, handling math anxiety, working in groups, and note-taking strategies. You might even assign some of the workshops for class credit. StudentLingo is provided by the Learning Resource Center, which also has a schedule of <u>in-person workshops</u> and tutoring.

Here's an academic time management tip regarding email, and I'm aware of the irony here since you're reading, well, an email: Email is a high-cognitive-load activity. If possible, don't use it as a "break" when you're already tired. You'll probably mess around, defer decisions, not accomplish much, and feel like you didn't get a break. Instead, try to give email a respected time of its own, even if it's a short time, so you can make quick, sound decisions.

Take care, Victoria

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In this email:

- Wall of COOL nominations are open!
- Canvas Updates: Delays in email responses to Inbox messages
- <u>Teaching Nuts & Bolts</u>: José Bowen's AI series returns
- <u>Friends of CAFE</u>: Family Resource Carnival

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Wall of COOL nominations are open!

We're inviting self-nominations for the <u>2025 Wall of COOL</u>! This light-hearted (but not light-weight!) award from CAFE recognizes excellent learning experiences that effectively use technology to enhance student learning and success. For the first time, the 2025 Wall of COOL is open to non-course learning experiences too! <u>Nominations</u> are due **October 18.**

Canvas Updates:

Faculty can reply to Canvas Inbox message notifications via your email (i.e. student uses Canvas Inbox to message you, the message appears in your regular email, you can respons via regular email). Canvas is experiencing delays processing email responses to Inbox message notifications.

It may take **several hours** for email replies to reach intended recipients. Until Canvas has resolved this issue, we recommend faculty log in to Canvas and reply via Inbox instead of replying via email.

Teaching Nuts & Bolts:

- José Bowen's Teaching & Learning with Al Series: The Chancellor's Office brings Dr. José Bowen back with updated material! This webinar series includes A.I. Literacy & Prompt Engineering (Oct. 15); A.I. Grading, Detection, and Policies (Oct. 22); and A.I. Assignments and Assessments (Nov. 12). Register to attend in real time or get recordings. Visit the CSU's Systemwide Al Resource page for more.
- "LATTE" Series: In the "Learning And Teaching Techniques Exchange" Zoom series, we'll start with 20 minutes on the clock to read a short article or watch/listen to video/audio content, and then discuss. These will not be recorded so come in real time; all are Monday/Tuesday 12 1pm on various dates. Topics include: Free and respectful speech in the classroom, giving useful feedback on student work, and motivation at the end of the semester.
- <u>CAFE's generative Al Series:</u> Join CAFE and faculty experts for Zoom workshops/collegial conversations on learning to use Al in your classes. Topics include: <u>Prompt</u> engineering, <u>designing courses with Al in mind</u>, and <u>designing assignments with Al in mind</u>.

Teacher-Scholar:

- SSRIC membership: Thanks to the College of Letters, Arts, & Social Sciences, CPP is once
 again a member of the CSU Social Sciences Research & Instruction Center! Explore
 essential databases for scholarship, teaching materials, the S4 student conference, and
 scholarships for faculty professional development. Even if you're not technically in social
 sciences, SSRIC can contribute to your discipline.
- Faculty Mentor Workshop Series: From University Advising, this 6-part series provides tools, information, and resources to effectively serve as mentors/advisors. Attend at least 4 of 6 sessions to achieve a certificate to include in your CV.

Faculty Career:

- NASEM Symposium on Burnout and Gender Equity: Oct. 1 & 2 (see the agenda; attend as
 desired), via Zoom. Conversations about burnout are challenging within fields that expect
 long hours and strong dedication regardless of outside needs and obligations. The National
 Academy of Sciences, Engineering, & Medicine brings together scholars from a range of
 disciplines to discuss solutions. Register to receive the Zoom link.
- *"Everybody's Mentor":* Lisa Kessler, CAFE faculty associate and retired interim Dean of Agriculture, provides individual, confidential consultation and coaching. Email <u>Lisa</u> directly to set up an appointment.

Friends of CAFE:

- **National Student Parent Month Events:** September is National Student Parent month! Support our student parents! If you're a faculty parent, contact <u>Julie Shen</u> to join the Parenting Faculty Group.
 - o **Thursday Sept. 26, 2:00 5:00pm**, University Park: Family Friendly Campus Resource Carnival, with family friendly games, activities, & resources.
- ACE Women's Network SoCal Conference: Friday Oct. 11, 8:30am 3:00pm, Kellogg
 West. "Leading from Within: The Path to Authentic and Visionary Leadership." Keynote
 speaker Dr. Dorine Lawrence-Hughes, founder of Brazen Communication, discusses
 leadership with intentionality and agency. Learn more and register.
- Fearless Campus Forum: Tuesday Oct. 15, 9:00 11:0am, in person, Ursa Major in the BSC. Explore the question, What does it take to foster a fearless workplace? The Forum features activities and a panel discussion focused on building trust, innovation, and psychological safety across our campus. Please register.

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Get Canvas help from CAFE: Submit a <u>Canvas ticket</u>, email <u>Canvas@cpp.edu</u>, OR call 909-869-3099, M-F 8am – 5pm.

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