



A H I M S A C E N T E R
NONVIOLENCE IN THOUGHT AND ACTION

California State Polytechnic University, Pomona • College of Letters, Arts & Social Sciences

Girish and Datta Shah Public Lecture

Ahimsa for Our Plate and the Planet

by

Gene Baur

Saturday, April 23, 2016: 5:00 pm. Reception: 6:30 pm
Bronco Student Center, Ursa Minor

Our food choices have profound impacts on ourselves, animals, and the planet. Many of us aspire to live compassionately and to practice nonviolence, while unwittingly causing enormous suffering and destruction through our daily food choices. According to Gene Baur, it doesn't have to be that way. He suggests we can change the world by changing our food.



Gene Baur is the co-founder and president of the Farm Sanctuary, America's leading farm animal protection organization. Mr. Baur has been hailed as "the conscience of the food movement" by *TIME* magazine. For 30 years he has traveled extensively to raise awareness about the abuses of industrialized factory farming and our cheap and unhealthy food system. His latest book is, *Living the Farm Sanctuary Life: The Ultimate Guide to Eating Mindfully, Living Longer, and Feeling Better Every Day* (Rodale, 2015). For more, visit: www.farmsanctuary.org

RSVP before April 18 to: ahimsacenter@cpp.edu

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