

Care, Compassion and Mindfulness: Conference Program

Friday, November 7, 2014

- 8:00 a.m. Conference Registration and Refreshments
- 9:30 a.m. *Welcome Remarks and Honoring Bipin and Rekha Shah*
J. Michael Ortiz, University President, Cal Poly Pomona
Marten den Boer, Provost and Vice President for Academic Affairs
Sharon Hilles, Dean, College of Letters, Arts, and Social Sciences
- 9:50 a.m. Conference Introduction
Tara Sethia, Director, Ahimsa Center and Professor of History, Cal Poly Pomona
Inaugural Session: Opening Keynotes
- 10:00 a.m. Cultivating Conative Intelligence
Alan Wallace, President, Santa Barbara Institute of Consciousness Studies
- 11:00 a.m. The Ecology of Care
Michael Tobias, President, Dancing Star Foundation
Moderator: **Tara Sethia**, Cal Poly Pomona
- 12 Noon LUNCH
- 1:15 p.m. *Session 2: Caring by Design, Design with Care*
Caring Mindfully: The Value of Design Thinking
Nirmal Sethia, Cal Poly Pomona
Caring Design: The Lunar Journey
Jeff Smith, Co-founder and CEO, Lunar Design
Empathetic Design and Human Centered Innovation
Gianfranco Zaccai, President & Chief Design Officer, Design Continuum
Moderator: **Arvind Bhambri**, University of Southern California
- 3:15 p.m. REFRESHMENT BREAK
- 3:45 p.m. *Session 3: Ethics and Methods of Caring and Healing*
Ubuntu and the Caring for Orphans in Southern Africa
Mark Malisa, The College of St. Rose, Albany
The Biofield Therapies: From Sick Care to Compassionate Care
Shamini Jain, Founder and Director, Consciousness and Healing Initiative
Healing Moral Injury: Trauma-targeted Mindfulness and Compassion for Veterans
Lisa Dale Miller, Psychotherapist
Toward an 'Ethics of Care' for the Earth
Randall Amster, Georgetown University
Moderator: **Andrew Moss**, Cal Poly Pomona
- 5:45 p.m. *Closing Session: Care, Compassion and Mindfulness Inside a Maximum Security Prison*
Jenny Phillips, Cultural Anthropologist, Author, Producer of the documentary, *The Dhamma Brothers*
Moderator: **Dorothy D. Wills**, Cal Poly Pomona
- 6:30 p.m. DINNER
- 7:30 p.m. Documentary Screening: *The Dhamma Brothers*

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Saturday, November 8, 2014

- 8:00 a.m. Conference Registration, Refreshments
- 8:30 a.m. Meditation Session with **Alan Wallace**
- 9:30 a.m. *Opening Keynote: The Compassion Imperative*
James R. Doty, Founding Director, Center for Compassion and Altruism Research, and Professor of Neurosurgery, Stanford University
Moderator: **Tara Sethia**, Cal Poly Pomona
- 10:30 a.m. BREAK
- 10:45 a.m. *Session 6: Creating a Culture of Compassion*
Importance of Raising Compassionate Children
Kaltrina Kusari, University of Calgary, Canada
Raising Compassionate Boys
Kozo Hattori, PeaceinRelationships.com
Essential Standards in the Public Classroom: Building a Community of Learners through Compassion
Peggy Sia, Palm Elementary School
Transforming Schools into Compassion Hubs
Vlad Moskovski, Compassionateleaders.org
Moderator: **Anjana Narayan**, Cal Poly Pomona
- 12:30 p.m. LUNCH
- 1:30 p.m. *Session 7: Care, Compassion and Mindfulness in Religious Traditions*
A Common Thread: The Four Abodes for Peace and Compassion
Christopher Chapple, Doshi Professor of Indic and Comparative Theology, LMU
A Day with Acharya Tulsi: Taking Care of Jain Monks and Nuns
Padmanabh S. Jaini, University of California, Berkeley
Acharya Bhikshu's Rejection of Worldly Compassion; Acharya Tulsi's Moral Turn
Peter Flugel, Founding Chair, Center for Jaina Studies, University of London
Moderator: **Prem Jain**, SVP/GM Cisco; President, JAINA
- 3:15 p.m. REFRESHMENT BREAK
- 3:45 p.m. *Session 8: Compassion: Challenges and Opportunities*
Gandhi's Strategy for Restorative Justice: Cure not Contempt, Compassion not Retaliation
Veena Howard, California State University, Fresno
Bystanders and Compassion in the Face of Evil
Roderic Owen, Mary Baldwin College
A Community Hospital Cooperative Experiment in Compassion and Mindfulness
Richard Johnson, Indiana University Purdue University, Fort Wayne
Moderator: **Aseema Sinha**, Claremont McKenna College
- 5:30 p.m. *Closing Session: Developing Compassion Through Art*
Srinivas Reddy, Indian Institute of Technology, Gandhinagar
Moderator: **Eva Malhotra**, Artist and Attorney at Law
- 6:30 p.m. DINNER
- 7:30-9:00 p.m. Sitar Concert featuring Srinivas Reddy, accompanied by Hemant Ekbote on Tabla

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Sunday, November 9, 2014

- 8:00 a.m. Check-in, Refreshments
- 9:00 a.m. *Opening Keynote: Classical Mindfulness: Going Beyond Mindfulness Based Stress Reduction (MBSR)*
Lobsang Rapgay, Research psychologist and Director of the Study on Sustained Attention, and Working Memory Department of Psychiatry, UCLA
Moderator: **Farah Godrej**, University of California, Riverside
- 10:00 a.m. *Session 11: Approaches to Caring, Compassionate, and Mindful Education*
Care, Compassion and Mindfulness in the Classroom
Christian Bracho, New York University
Experiments in Mindfulness
Laurie Hughes and **Melissa Ambrose**, Oceana High school
The Mindful School Project
Vikas Srivastava, The Mindful School Project
Moderator: **Steven McCauley**, Cal Poly Pomona
- 11:15 a.m. BREAK
- 11:30 a.m. *Closing Session: A Bridge from Internet to Inner-Net: Innovations in CCM*
Nipun Mehta, Founder of ServiceSpace.org
Moderator: **Paula Garb**, University of California, Irvine
- 12:30 p.m. LUNCH & CONCLUSION