



A H I M S A C E N T E R
NONVIOLENCE IN THOUGHT AND ACTION

Meera and Jasvant Modi
International Conference on Nonviolence
Ahimsa and the Quality of Life
April 28-30, 2006

College of Letters, Arts, and Social Sciences
California State Polytechnic University, Pomona
Pomona CA 91768

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AHIMSA CENTER

NONVIOLENCE IN THOUGHT AND ACTION

Meera and Jasvant Modi International Conference
Ahimsa and the Quality of Life
April 28-29, 2006

Table of Contents

Conference

Conference Program and Schedule	2
Teaching About Nonviolence in Schools: Panelist Abstracts	4
Workshop with Satish Kumar (April 30)	6
Biographical Profiles	7
Acknowledgements	14

Ahimsa Center

About the Center	15
Advisory Board	16
Center Sponsors	17
Sponsorship Opportunities	18

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Ahimsa and the Quality of Life

Program: Friday, April 28, 2006

- 8:30 a.m. CHECK-IN AND REGISTRATION
- 9:15 a.m. WELCOME ADDRESSES
J. Michael Ortiz, President, Cal Poly Pomona
Barbara J. Way, Dean, College of Letters, Arts, and Social Sciences, Cal Poly Pomona
- 9:45 a.m. FELICITATIONS AND RECOGNITIONS
- 10:15a.m. CONFERENCE INTRODUCTION
Tara Sethia, Ahimsa Center and History Department, Cal Poly Pomona
- 10:30 a.m. OPENING SESSION: PHILOSOPHICAL AND SCIENTIFIC PERSPECTIVES ON QUALITY OF LIFE
Quality of Life: Perspectives from Eastern and Western Traditions
James O'Toole, Center for Effective Organizations, USC, and the Aspen Institute
Current Research in the Quality of Life: Scientific Approaches to Happiness
Mihaly Csikszentmihalyi, Quality of Life Research Center, Claremont Graduate University
Moderator: Nirmal Sethia, Management & Human Resources Department, Cal Poly Pomona
- 12:15 p.m. LUNCH (Mexican Theme)
- 1:30 p.m. **Ahimsa and the Pursuit of Happiness: Insights from Indian Traditions**
Padmanabh S. Jaini, Professor Emeritus of Buddhist Studies, University of California at Berkeley
Moderator: Christopher Key Chapple, Loyola Marymount University
- 2:15 p.m. **Igniting the Genius Within and Transforming the Quality of Life**
Prasad Kaipa, Kaipa Group
Moderator: Kathryn Rogers, Pitzer College
- 3:00 p.m. BREAK
- 3:15 p.m. **Ethical Conduct: A Workplace Oxymoron or Business Need?**
Neerja Raman, Stanford University
Moderator: Dorothy D. Wills, Anthropology Department, Cal Poly Pomona
- 4:00 p.m. **Becoming One: Service and the Inner Net**
Nipun Mehta, Charityfocus.org
Moderator: Sharon Collins, L.A. Shanti
- 4:45 p.m. REFRESHMENT BREAK
- 5:15 p.m. **PANEL: TEACHING ABOUT NONVIOLENCE IN SCHOOLS--WHY AND HOW?**
Nonviolence and Safe Schools
Johnny Reyes, Diamond Ranch High, Pomona Unified District
Connecting to the Concept of Nonviolence Through Powerful Texts
Heather Penrod, Reseda High, Los Angeles Unified District
Putting the Spirit Back in the Classroom
Christian Bracho, Hacienda La Puente Unified District, and Shalom Montgomery, Los Altos High
Building Soul Force with Drama
Teresa Burke, Howe Elementary, San Juan Unified District
Transformative Telling: Expanding Human Potential Through the Art of Digital Storytelling
Karen Brzoska, Media Vision, Cal Poly Pomona
Moderator: Tomás Morales, Provost and Vice President for Academic Affairs, Cal Poly Pomona
- 7:00 p.m. CLOSING REMARKS
Tomás Morales, Provost and Vice President for Academic Affairs, Cal Poly Pomona
- 7:15 p.m. DINNER (Italian Theme)

Program: Saturday, April 29, 2006

- 9:00 a.m. **CHECK-IN AND REGISTRATION**
- 9:30 a.m. **Ecological Nonviolence: Reconciling Individual Quality of Life with Global Habitat Restoration**
Michael Tobias, Dancing Star Foundation
Moderator: Daniel K. Lewis, History Department, Cal Poly Pomona
- 10:30 a.m. **PANEL: NONVIOLENT ECONOMICS AND ECOLOGICAL SUSTAINABILITY**
The Economics of Ahimsa and the Environment
Amit Basole, Economics Department, University of Massachusetts, Amherst
Earth Democracy, Ahimsa and the Quality of Life
Andrew Moss, English Department, Cal Poly Pomona
Moderator: Steven McCauley, Physics Department, Cal Poly Pomona
- 11:45 a.m. **LUNCH (Indian Theme)**
- 1:00 p.m. **PANEL: MEDIATION, MEDITATION AND NONVIOLENT CONFLICT RESOLUTION**
Meditation and Inner Peace
Charitraprajna Samani, Jain Vishwa Bharati Institute
Mindfulness and the Art of Mediation
Elizabeth Davey, Attorney/Mediator
Meditation, Mediation and the Clients' Quality of Life
Eva Malhotra, Malhotra & Malhotra Law Offices
Environmental Law, Compassion and Creative Negotiations
Erica Martin, Environmental Protection Agency
Moderator: Shayna Parekh, Law School, Yale University
- 3:00 p.m. **REFRESHMENT BREAK**
- 3:30 p.m. **Coffee House and the Ashram: Satyagraha, Gandhi and the Public Sphere**
Lloyd Rudolph, Professor Emeritus of Political Science, University of Chicago
Susanne Hoeber Rudolph, Professor Emerita of Political Science, University of Chicago
Moderator: Tara Sethia, History Department and Ahimsa Center, Cal Poly Pomona
- 4:15 p.m. **BREAK**
- 4:30 p.m. **CLOSING SESSION**
The Seed and the Spinning Wheel: Gandhi and Alternatives to Corporate Globalization
Vandana Shiva, Foundation of Science, Technology, and Ecology, India
Nonviolence is a Way of Life
Satish Kumar, Schumacher College, UK
Moderator: Bob Suzuki, President Emeritus, Cal Poly Pomona
- 6:00 p.m. **REFLECTIONS ON THE CONFERENCE**
Susanna Barkataki, Cleveland Humanities Magnet School
Carol Holder, Professor Emerita of English, Cal Poly Pomona
Bipin Shah, Kovair-Speedev
- 6:30 p.m. **DINNER (Asian Theme)**
- 7:45 p.m. **CONCERT: CREATIVE WORLD MUSIC FOR PEACE**
Paul Livingstone and *Salaam Suite*
The Salaam Suite Ensemble is a musical dialogue for unity, peace and hope, integrating popular styles and world music in its songs and collective improvisations.

Ahimsa and the Quality of Life

Teaching About Nonviolence in Schools: Why and How?

K-12 Educators Panel Presentation Abstracts

Friday, April 28, 2006: 5:15-7:00 p.m.

The presenters in this panel are drawn from the Ahimsa Center's 2005 Summer Institute for K-12 Educators on "Nonviolence and Social Change." The Institute, directed by Tara Sethia, was held at Cal Poly Pomona from July 18-30, 2005. Twenty-five K-12 educators participated in the Institute which featured a dozen faculty and experts from different disciplines.

The panelists here discuss why nonviolence and nonviolent change should be taught in schools, and how the study of nonviolence can be effectively integrated in classroom teaching.

***Safe Schools and Nonviolence* by Johnny Reyes**

Violence among students in schools is very costly, counter-productive, and adversely affects the lives of many. So then, why is violence spreading at an alarming rate and is occurring at such a young age? In part this can be explained due to the absence of a decision making process that positively reinforces and nurtures nonviolent responses. One way for the Educators to address this may be by creating lessons that will extend beyond educational standards and truly assist students in developing their critical thinking skills. For example, a math problem can be connected with a thoughtful process, which results in positive outcomes. Nurturing these positive outcomes must take a recognizable approach for students to buy into a macro and micro decision-making. When students see that they can make a difference as an individual in their community, genuine ownership with their environment is established. This will secure an ongoing concern between students and their environment. Recognizing how to act in a nonviolent manner will assist students to predict outcomes and to influence change.

***Reflecting on Nonviolence Through Powerful Texts* by Heather Penrod**

Using excerpts from the *Dhammapada* and *Samansuttam*, this presentation focuses on the power of such texts in engaging students in learning about the various aspects of nonviolence such as compassion, self control, courage and friendship. Excerpts from these primary source texts are utilized in conjunction with journal writing as a vehicle to prompt students to delve within introspectively and connect to concepts taught in the classroom. Students are first introduced to these texts by having them read a few verses from each of the two texts and choose one verse to greet five fellow students in the room in a friendly manner. Students are then required to keep a "conflict journal" in which they write about their daily stress and conflicts and apply the ideas of the select verses from these texts to various experiences and situations they are concerned about. The reflective journal writing focusing on the verses from the texts inspires students in thinking critically about the power of compassion and friendship in contrast to the destructive impact of violence and greed.

***Putting the Spirit Back in the Classroom* by Christian Bracho and Shalom Montgomery**

Focus Question: How does reverence for life help individuals relate to other individuals as human beings transcending religious, ethnic or racial boundaries? In most public schools it

is taboo for students to express themselves in terms of their spirituality or faith. However, this practice leaves our students spiritually illiterate, unable to articulate and appreciate how people in history, literature, science, etc. see their connections to the divine.

In a two-week unit examining African American slave narratives and Negro spirituals we had high school juniors embark on a journey to reconnect with the pain of the past. The creation of collective memory was two-fold—since this unit was team taught, teachers met to plan the unit, revising when necessary and reflecting on in class experiences. Secondly, students collaborated in groups to rehearse and present a Negro spiritual to the class. Having students working together to create a musical experience allowed them to build on each other talents, and work cooperatively toward a common goal. During the presentations students transcended the boundaries of race (students were Asian, Hispanic and White), and religion (students have various religious traditions) to reconnect with an historical time period and a community that was very different then their own.

***Building Soul Force With Drama* by Teresa Burke**

A fictional dialogue scripted by Ms. Burke and used in her fifth grade classroom will be presented. The dialogue gives the listener an opportunity to infer similarities and differences between Roger Williams, the Colonial era founder of Rhode Island, and Martin Luther King Jr. It extracts actual statements made by both of these historical figures in primary source speeches or letters. The dialogue is intended to trigger thought on the pursuit of “truth” as articulated by both men and the path each walked. Extracting from the historical facts inferred from the dialogue, the listener is asked to compare the views and beliefs of each man, while contrasting the violence of Colonial America with the principled nonviolence of Martin Luther King Jr. The main thrust of the dialogue is “soul force” which Gandhi called *Satyagraha*. The power of this force in each man requires that we assess the scope of the gift bestowed to us by Gandhi and King and analyze in hindsight its potential effect on the course of history. More importantly, it demands that we analyze the potential effect of this gift on our future and choose our course accordingly.

***Transformative Telling: Expanding human potential through the art of digital storytelling* by Karen Brzoska**

The creation of a digital story involves reflection and introspection; the process instills a sense of self and an awareness and understanding of others. This state of mindfulness, achieved through the process of storytelling, can lead to the discovery of connections between and among individuals and groups. As connections are revealed, trust, empathy and compassion can be cultivated resulting in human empowerment and the desire for peace.

Participants in the Ahimsa Center’s 2005 Summer Institute became immersed in the process of digital storytelling as they learned to craft poignant stories to inspire, educate and motivate their students. With topics ranging from *Ahimsa* to *Tao*, from Gandhi’s Salt March to the Boston Tea Party, Martin Luther King to Cesar Chavez, the stories were created to compliment and enhance lesson plans and curricular activities. Serving as a catalyst for positive transformation, digital stories can be shared in the classroom and online helping to overcome geographic, religious and political boundaries.

Using sample projects from the Summer Institute on Nonviolence and Social change, this presentation will focus on the power of nonviolence and nonviolent action through the art of digital story telling.

Ahimsa and the Quality of Life

Workshop with Satish Kumar

Nonviolence and Quality of Life: Soil, Soul and Society

Sunday, April 30: 10:00 a.m. to 2:00 p.m.

Cal Poly Pomona Campus, Los Olivos Commons, Blue Room

Satish Kumar offers us the gift of *So Hum* –“You are Therefore I Am.” His mental journey and inspirations need to become everyone’s inspiration, to help us to move from violence to nonviolence, from greed to compassion, from arrogance to humility.”

--Vandana Shiva, author of *Staying Alive*

Nonviolence is a basic principle of a harmonious relationship with the natural world, the spiritual world and the social world. It is not an abstract concept. But rather a way of life. As such, it informs how we live our day to day life, how we eat, drink, and work. It allows us to interact with each other, and with the natural environment in such a way that our lives are enriched. The relationship with the natural world, with our own personal spiritual world and with the social world cannot be put in three separate compartments, they are a continuum. According to Satish Kumar, “when we are filled with reverence and respect for all life; not just human life but animal and plant life, water life, and the life of the earth, then the qualities of compassion and love blossom in us, which in turn makes us more creative, imaginative, and even happy.” Satish Kumar calls this nonviolence as the trinity of Soil, Soul and Society. Soil represents the natural world, soul signifies the spiritual world, and society stands for the human world.

In this interactive workshop Satish Kumar will explore how such nonviolence can improve our quality of life and allow us to participate in social and political movements for peaceful, positive change.

Satish Kumar is Program Director at Schumacher College, UK, a residential international center for the study of ecological and spiritual values. Since 1973 he has been the Editor of *Resurgence*. In partnership with Vandana Shiva, he established Bija Viyapeeth (School of the Seed), an international college for sustainable living in India, at which he teaches a week-long course on Gandhian Values each year. He is the author of *Path Without Destination* (autobiography), *You are Therefore I Am: A Declaration of Dependence*, and *Buddha and the Terrorist: The Story of Angulimal*. In July 2000, he was awarded an Honorary Doctorate in Education from the University of Plymouth. In July 2001 he was awarded an Honorary Doctorate in Literature from the University of Lancaster, and the same year he also received the Jamnalal Bajaj Foundation International Award for Promoting Gandhian Values outside of India. www.resurgence.org/satish/index.htm

REGISTRATION REQUIRED FOR THE WORKSHOP

Please inquire at the Registration Desk

Ahimsa and the Quality of Life

Biographical Profiles

Susanna Barkataki is a teacher at Cleveland Humanities Magnet School in Reseda, CA, where her five years of teaching Social Justice and World Cultures is inspired by her Indian and British heritage. As a teacher who is also a spiritual practitioner and an activist, she lives her commitment to nonviolent social change by empowering her students to become teachers, and by facilitating her colleagues' taking creative risks as continuing students. She sponsors "Be The *Conscious* Change," an organization dedicated to Gandhian nonviolent change and Human Rights. Trained in Philosophy, with an Honors Degree from U. C. Berkeley, she currently teaches and practices *Vipassana* Meditation in Los Angeles. She will be relocating to India this fall to continue her education and teaching.

Amit Basole holds a Ph. D. in Neuroscience from Duke University (Durham, NC), and is currently working toward a second doctorate in Economics at University of Massachusetts, Amherst. He is interested in radical critiques of 'development' and Industrial Modernity and in Gandhian thought. Recently he has been exploring the uses of 'non-violence' in critiquing the anti-environmental bias of modern economics. In the past Basole has worked with Association for India's Development, a non-profit that supports various development projects and people's movements in India, and he continues to be interested in social justice movements. <http://www.people.umass.edu/abasole/>

Christian Bracho is BTSA 6-12 Mentor in the Hacienda La Puente Unified School District. He works with secondary school teachers in a training program aimed at creating highly effective educators in various subject areas. Bracho has worked in various capacities within the district: English Department Chair, Accreditation Chair, and Professional Development Facilitator. His focus within education is the empowerment of students in underprivileged communities through spiritual, creative, and emotionally meaningful instruction.

Karen Brzoska is an award-winning digital storyteller and a member of the Media Vision team at Cal Poly Pomona. She teaches students from K-12 schools, universities and local communities to use digital tools to foster cultural understanding and respect. She has partnered with NGOs in East and West Africa to create storytelling programs to connect women professionals with rural women farmers, and has worked with teenagers in the Middle East to create conflict resolution curriculum framed in a storytelling environment. She is currently working for her doctorate in Educational Technology.

Teresa Burke is CLAD credentialed K-8 teacher. She currently teaches fifth grade at Howe Elementary School in Sacramento, CA. She has been a classroom teacher for last six years in a 100% Title I school serving a diverse population that speaks thirteen languages. The school is in the first full year of sanctions under the federal No Child Left Behind law. Before taking up teaching, she practiced law for more than fifteen years.

Christopher Key Chapple is Professor of Theological Studies and Associate Academic Vice President for Loyola Marymount University Extension. Prior to that, he served as Assistant Director of the Institute for Advanced Studies of World Religions and taught Sanskrit, Hinduism, Jainism, and Buddhism at SUNY Stony Brook. Dr. Chapple's research interests have focused on the renouncer religious traditions of India: Yoga, Jainism, and Buddhism.

Biographical Profiles (continued)

He has published twelve books. He is the author of *Karma and Creativity; Nonviolence to Animals, Earth, and Self in Asian Traditions*; and *Reconciling Yogas*; a co-translator of the *Yoga Sutras* of Patanjali; a co-editor of *Hinduism and Ecology*; and the editor of *Jainism and Ecology: Nonviolence in the Web of Life*.

Sharon C. Collins is Executive Director of L.A. Shanti, a human services agency providing counseling, education and prevention programs for people with life-threatening illness including HIV/AIDS and cancer. Her professional background includes management positions in large public and private non-profit agencies, midsize health services organizations, and community hospital and medical research foundations. In addition to her Work in the non-profit sector, Ms. Collins has contributed her time and effort to many community organizations including those that serve youth and meet the needs of individuals suffering from serious medical conditions. www.lashanti.org/

Mihaly Csikszentmihalyi (pronounced "ME-high CHICK-sent-me-high-ee) is C.S. and D.J. Davidson Professor of Psychology and Management, and Director of the Quality of Life Research Center at the Drucker and Ito School of Management, Claremont Graduate University, CA. Previously, he was Professor of Psychology and Chairman of Psychology Department at University of Chicago. He has devoted his life's work to the study of what makes people truly happy, satisfied, and fulfilled. His books include *Flow, The Evolving Self, Creativity, Finding Flow*, and *Good Work: When Excellence and Ethics Meet* (co-authored with Howard Gardener and William Damon). <http://qlrc.cgu.edu/about.htm>

Elizabeth C. Davey is an attorney/mediator providing divorce mediation services as a nonviolent alternative to the litigated divorce. In addition to her legal expertise, Davey's clients benefit from the insights of her thirteen years of yoga and meditation practice and her advanced mediation skills. She is a Certified Mediator with Advanced Mediation Training. She is also a member of the California Bar, American Bar Association, the Los Angeles County Bar Association, and the Association of Family and Conciliation Courts. She received her J.D. and B.A. degrees from UCLA.

Carol Holder is Professor Emerita of English at Cal Poly Pomona, where she was a member of the faculty from 1969 to 2004. During that time she worked with colleagues in a number of different but connected capacities, directing the campus Freshman English programs, the Writing in the Disciplines project, and the Faculty Center for Professional Development. She also worked "on loan" first at the Cal State Office of the Chancellor, directing the CSU faculty Institute for Teaching and Learning, and then at Cal State Channel Islands, as the newest CSU campus began hiring faculty and enrolling students. In retirement, she continues to stay involved with projects at several campuses and also enjoys time with family and friends.

Padmanabh S. Jaini is Professor Emeritus, Buddhist Studies, University of California at Berkeley. He has also taught at the School of Oriental and African Studies at the University of London and the University of Michigan, Ann Arbor. Professor Jaini is one of the world's most distinguished experts on Buddhist and Jain studies. He has authored, translated and edited more than twenty scholarly books and seventy articles and book chapters. His major publications include *Abhidharma Buddhism, The Jaina Path of Purification, Gender and Salvation: Jaina Debates on the Spiritual Liberation of Women, Collected Papers on Jaina Studies*, and *Collected Papers on Buddhist Studies*.

Biographical Profiles (continued)

Prasad Kaipa is Advisor to CEOs and coach for senior executives in Fortune 500 companies. Kaipa helps his clients by focusing on “igniting their natural genius.” He is the author of *Discontinuous Learning: Reflections on Aligning Life and Work*. He was formerly a senior manager at Apple Computers, where he created an educational menu for Apple technical staff using innovative learning approaches. Later, as a research fellow in the Apple University, he was given the charter to help design “a learning processor that augments human intelligence.” www.kaipagroup.com

Satish Kumar is Program Director at Schumacher College, UK, a residential international center for the study of ecological and spiritual values. Since 1973 he has been the Editor of *Resurgence* magazine. He is the author of *Path Without Destination* (autobiography), *You are Therefore I Am: A Declaration of Dependence*, and *Buddha and the Terrorist: The Story of Angulimal*. In July 2000, Satish Kumar was awarded an Honorary Doctorate in Education from the University of Plymouth. In July 2001 he was awarded an Honorary Doctorate in Literature from the University of Lancaster, and the same year he also received the Jannalal Bajaj Foundation International Award for Promoting Gandhian Values outside of India. www.resurgence.org/satish/index.htm

Dan Lewis is Chair History Department at Cal Poly Pomona. His research focuses on political and economic issues in modern Argentina. His latest book, *A South American Frontier: The Tri-Border Region* surveys the history of the place where Argentina, Brazil, and Paraguay meet.

Paul Livingstone is a performing/recording artist, composer, ensemble leader, teacher, and peace activist who plays sitar, guitar and a diverse array of world strings. Steeped in North Indian classical music as well as Persian, African, Javanese, Balkan, Brazilian, jazz and popular American music, Livingstone teaches at California Institute for the Arts and at the Sangeet School in Los Angeles. He has received numerous awards and fellowships for innovative world music performances and collaborations. He has composed music for film, TV and live theater, and has produced two CD albums of creative world music 'Arohi' and 'Salaam Suite' in a collaborative peace and unity project of American, Arab and Muslim world artists. www.tanpura.com/

Eva Malhotra has extensive experience in both civil and criminal matters, as well as in estate planning and the development of business strategies for her clients. She is a seasoned litigator, having spent the initial years of her career in the Los Angeles City Attorney's Office and the office of the Los Angeles County District Attorney. She obtained her law degrees from UC Berkeley Boalt School of Law and UCLA School of Law (Juris Doctor), and is a member of the California Bar. She is also an active member of the Latina Lawyers Association based in Los Angeles, California. She has used yoga and meditation and careful listening in helping clients cope with and find creative solutions to their legal problems.

Erica Martin is Regional Enforcement Counsel for the Environmental Protection Agency, specializing in environmental law since 1989. She has been practicing as an attorney in California since 1986. She holds the JD degree for the University of Chicago (1986), and BA from Amherst College (1981). She is active in yoga, silversmithing, knitting, and raising two kids—all of which involves mindfulness. (Views expressed by her as a speaker at this conference are her own, and do not represent the views of the EPA).

Biographical Profiles (continued)

Steven McCauley is Professor of Physics at Cal Poly Pomona, and was Chair of the Physics Department from 1995 to 1998. For his professional and scholarly accomplishments he has received several awards and honors from bodies such as the National Science Foundation and the American Society for Engineering Education. Dr. McCauley has been active in issues related to nuclear weapons and has also worked to ensure access to the university for nontraditional students and faculty. He received his Ph. D. from U. C. Santa Cruz.

Nipun Mehta is the founder of *CharityFocus*, a volunteer driven nonprofit organization, started in 1999 to inspire the young generation of IT professionals to provide free web based technological solutions for other nonprofit organizations worldwide. Since its inception, with nearly 5,000 volunteers who donated their time, CharityFocus has served more than 1100 nonprofit organizations around the world, with no overhead. Apart from CharityFocus, Mehta serves on the board of the Seva Foundation, the Institute for Global Communications, Airline Ambassadors and Silicon Valley Volunteer Center. www.charityfocus.org

Shalom Montgomery has been a school teacher for 10 years, and currently teaches English (Grade 12) at Los Altos High in Hacienda Heights, CA. She has a Masters in Teaching from Lewis and Clark College, and her B. A. is in Women' Studies from Scripps College.

Tomás Morales is Provost and Vice President for Academic Affairs at Cal Poly Pomona, and was previously Vice President for Student Affairs at the University. Prior to coming to Cal Poly Pomona, Dr. Morales served as the Vice President for Student Affairs and Dean of Students at City College of New York, and served as the Assistant Dean of the School of Education at State University of New York at New Paltz. He received his Ph.D. in Educational Administration and Policy Studies from the State University of New York, Albany.

Andrew Moss is Professor of English at Cal Poly Pomona. He coordinates the university's freshman writing program and teaches courses in writing and rhetorical theory. He has published articles on writing and rhetoric in such publications as *Teaching English in the Two-Year College*, *inside English*, *Change Magazine*, *The Chronicle of Higher Education*, and *Education and Urban Society*. He is also co-author (with Carol R. Holder) of *Improving Student Writing: A Guidebook for Faculty in All Disciplines*. He has recently developed a new course, "War and Peace in Literature."

James O'Toole is Research Professor in the Center for Effective Organizations at the Marshall School of Business, University of Southern California, and Mortimer J. Adler Senior Fellow at the Aspen Institute. O'Toole's research and writings have been in the areas of leadership, political/economic philosophy, and corporate culture. He has addressed dozens of major corporations and professional organizations, and has published over seventy articles. Among his fourteen books, *Vanguard Management* was named "One of the best business and economics books of 1985" by the editors of *Business Week* and *Leadership A to Z*, received an enthusiastic review in *Fortune*. His latest book is *Creating the Good Life: Applying Aristotle's Wisdom to Find Meaning and Happiness*. www.jamesotoole.com

J. Michael Ortiz is President of Cal Poly Pomona. Prior to this, he was the Provost and Vice President of Academic Affairs at Cal State Fresno. Earlier, he had served as Associate Provost and Interim Provost at the University of Southern Colorado. A national expert on education, Dr. Ortiz serves on the Board of Trustees of the BACCHUS and GAMMA Peer Education Network, a Department of Defense Task Force for Hispanic Serving Institutions (DOD/HSI), and on the Advisory Board for the USDA/HSI Collaborative. He received the

Biographical Profiles (continued)

2005 KCET "Local Hero Award" for outstanding contributions in the education category, and was also selected as one of *Hispanic Business* magazine's 100 Most Influential Hispanics for 2005. Recently, he was appointed to the Commission on No Child Left Behind, and also appointed by Governor Arnold Schwarzenegger to the California Student Aid Commission.

Shayna Parekh is studying Law at Yale University. She graduated in Political Science from UC Berkeley in 2002, and was the recipient of University Medal, the top honor at Berkeley for a graduating senior with outstanding accomplishments. In her undergraduate years, during her trips to India, she helped care for abandoned babies at the Mother Theresa's Children Home in New Delhi, supervised volunteers for an American Embassy program to vaccinate families against polio, and assisted the NGO Veerayatan with its school-building activities in Kutch. Later, as a Masters' student at the London School of Economics, her research took her to Rwanda to study the genocide.

Heather Penrod received her B. A. in English with minor in History from California State University, Fullerton. She has taught for ten years, teaching both high school Literature and Social Studies. She received the 2004 Claes Nobel Educator of Distinction. She is currently pursuing a Masters Degree in Literature at California State University, Northridge.

Neerja Raman is a Research Fellow at Stanford University, and former director of strategic planning for imaging and printing, HP Labs. She also led the HP Arts and Science program for promoting cultural understanding by digitization, preservation and sharing of paintings and other art objects. In 2004 she published *The Practice and Philosophy of Decision Making: A Seven Step Spiritual Guide*. She was featured at the authors' expo, "Books that Empower Women" at the 2004 Women in Technology International (WITI) annual conference, and in recognition of her visionary leadership and community service in 2005 she was inducted into the WITI Hall of Fame, an honor considered to be among the most prestigious for women in science and technology worldwide. <http://neerja.raman-net.com>

Johnny Reyes is a High School Math Teacher at Diamond Ranch High School in Pomona Unified School District. He teaches Algebra, Geometry, Statistics and AVID (Achievement Via Individual Determination). He received his B.S. in Business Administration from San Diego State University and MA in Education from the United States International University.

Kathryn Rogers is Professor of Organizational Studies at Pitzer College. Before coming to Pitzer she worked as a consultant on educational innovation and organizational development and as a strategy consultant in corporate settings. Her research has included stakeholder social networks, conflicts in teams, and inter-organizational collaborative decisionmaking. She first explored the ideas of Gandhi and satyagraha as an undergraduate in a thesis on Martin Luther King's philosophy of personal and political transformation through the power of non-violent direct action.

Lloyd Rudolph is Professor Emeritus of Political Science at the University of Chicago, where he had also served as Chairman of the Committee on International Relations and of the College's and International Studies and South Asian Studies concentrations. He is co-author with Susanne Hoeber Rudolph of several books, including *The Modernity of Tradition: Political Development in India*, *Gandhi: The Traditional Roots of Charisma*, *In Pursuit of Lakshmi: the Political Economy of the Indian State* and *Postmodern Gandhi and Other Essays: Gandhi in the World and at Home*.

Biographical Profiles (continued)

Susanne Hoeber Rudolph is the William Benton Distinguished Service Professor Emerita of Political Science at the University of Chicago, where she served as Director of the Center for International Studies, and of the South Asia Language and Area Center. She is past president of the American Political Science Association and the Association of Asian Studies. She is co-author with Lloyd Rudolph of several books, including *The Modernity of Tradition: Political Development in India*, *Gandhi: The Traditional Roots of Charisma*, *In Pursuit of Lakshmi: the Political Economy of the Indian State* and *Postmodern Gandhi and Other Essays: Gandhi in the World and at Home*.

Charitraprajna Samani is an expert in Jain *Agams* (scriptures) *Preksha* Meditations and *Preksha* Yoga, and Science of Living. She has lectured on science and spirituality, and on Jainism at many universities around the world, and has been a speaker in several interfaith programs. She has a Masters degree in Jainology and Comparative Religion and Philosophy from the Jain Vishwa Bharati Institute in India.

Nirmal Sethia is Professor of Management and Director of Center for Business and Design at Cal Poly, Pomona. He has also held research and teaching positions at University of Southern California. Dr. Sethia has directed a major study supported by the National Science Foundation to examine the role of design as a strategic resource for innovations in high tech industries. Previously, he received a grant from the National Endowment the Arts to develop a multidisciplinary course on Design, Creativity and Entrepreneurship. His scholarly interests cover the areas of creativity, innovation and design. More recently, he has been exploring the relevance of Gandhian thought to contemporary business practices, especially in the contexts social entrepreneurship and sustainable development.

Tara Sethia is Professor of History and Director of Ahimsa Center at Cal Poly Pomona. She teaches courses on India and South Asia, and has recently launched an interdisciplinary course, "Nonviolence in the Modern World." She directed the Center's 2005 Summer Institute for K-12 Educators on "Nonviolence and Social Change," and has led the task of developing jointly with a dozen faculty colleagues a proposal for a minor in Nonviolence Studies. She is the recipient of several grants, awards and honors, including Gold and Silver Medals from Rajasthan University, and a major grant from the National Endowment for the Humanities. She served as the Project Director of a three-year Professional Development Program for School Teachers on "India and China in K-12 World History Curriculum." Her publications include an edited book, *Ahimsa, Anekant and Jainism*, and Encyclopedia essays on Gandhi, Mahavira and Nonviolence. She is currently working on a book *Gandhi: His World and Ours*.

Bipin Shah is the President and CEO of Kovair-Speedev, a privately held software company in Milpitas, CA. He is also a co-founder and Managing General Partner of INC3 Ventures, an early stage venture capital fund based in Santa Clara, CA. He has spent more than 25 years in Silicon Valley in the Chip industry. In his civic activities, he is one of the founding Charter Members of The Indus Entrepreneurs (TiE), a group dedicated to promoting entrepreneurship and mentoring young entrepreneurs. He serves on the Advisory Boards of Ahimsa Center at California State Polytechnic University, Pomona, and on the Board of Cupertino Education Endowment Foundation that works with the Cupertino Union Elementary School District. He supports a rural literacy program for India's remote villages through the Advisory Board of Ekal Vidyalay Foundation. He is a former President of the Jain Center of Northern California and a member of its Board of Directors. He currently serves as the Western Region VP on the Executive Committee of JAINA, a national umbrella organization of all Jain Centers in North America.

Biographical Profiles (continued)

Vandana Shiva is a physicist, ecologist, activist, editor, and author of many books. In 1982, Dr. Shiva founded the Research Foundation for Science, Technology and Ecology. Initiatives of this foundation are the organic farming program *Navdanya*, the *Bija Vidyapeeth* (or Seed University, International College for Sustainable Living), and *Diverse Women for Diversity*. She received the Right Livelihood Award (also known as the Alternative Nobel Prize) in 1993 "...for placing women and ecology at the heart of modern development discourse." She has also received the Global 500 Award of the United Nations Environment Program in 1993, and the Earth Day International Award of the UN. Her most recent books are *Biopiracy: The Plunder of Nature, Knowledge and Stolen Harvest: The Hijacking of the Global Food Supply* and *Earth Democracy: Justice, Sustainability and Peace*. www.vshiva.net

Bob H. Suzuki is President Emeritus of California State Polytechnic University, Pomona and a member of the Advisory Board of the Ahimsa Center. He currently serves on the California Student Aid Commission, on the Boards of Directors of the Pasadena Bioscience Center, and Leadership Education for Asian Pacifics (LEAP) in Los Angeles. He has also served as a member of the National Science Board, the Board of Directors of the American Association of Colleges and Universities, the Accrediting Commission for Senior Colleges and Universities of the Western Association of Schools and Colleges (WASC), and the Board of Trustees of the Japanese American National Museum. Dr. Suzuki has been honored on numerous occasions for his contributions in the areas of community service, education, and human and civil rights. Most recently, in November 2003, he was conferred the Order of the Rising Sun, Gold Rays with Neck Ribbon by the Japanese Government.

Michael Tobias is a world-renowned ecologist, best-selling author and filmmaker, and President of the Dancing Star Foundation, a California nonprofit devoted to international biodiversity conservation, animal welfare, and environmental education. He has taught at Dartmouth College and the University of New Mexico-Albuquerque, and has been a Distinguished Visiting Professor of Environmental Studies and Regents' Lecturer, at University of California-Santa Barbara. The author of 30 books, in 1996 Tobias received the international "Courage of Conscience Award" for his passionate commitment to animal rights. Other recipients of the award have included Mikhail Gorbachev and the Dalai Lama. www.dancingstarfoundation.org

Barbara J. Way is Dean of College of Letters, Arts, and Social Sciences at Cal Poly Pomona. As Dean, she has recently led an initiative promoting international educational experiences, multicultural education, and community involvement. She is an authority on public policy. Her work in this area includes an edited book, chapters in textbooks, and numerous articles. Dr. Way has also examined gender differences in political ambition, including women's participation in politics in State of Arizona. Currently, her research focuses on gender differences in leadership capacity among higher education administrators and factors leading to institutional transformation. The American Society for Public Administration honored her in 1993 with the award for *Outstanding Public Administration Educator*.

Dorothy D. Wills is a Professor of Anthropology in the Department of Geography and Anthropology at Cal Poly Pomona. She has conducted research in Senegal, Nigeria, Zimbabwe, Bulgaria, and the U.S. She directed a rural economic development program in Senegal for USAID, and has consulted on an HIV/AIDS study for a private HMO in Southern California. Her main academic interests are linguistics, gender, the family, and African culture. She is active in the environmental, human rights, and peace movements.

Ahimsa and the Quality of Life

Conference Acknowledgements

The Ahimsa Center in the College of Letters, Arts, and Social Sciences at Cal Poly Pomona is pleased to acknowledge the following for their support and contributions to this conference.

- The President's Office for supporting conference registration for student participation in this conference. Additional support was provided by the Division of Student Affairs.
- California Faculty Association (Pomona Chapter) and Cal Poly Pomona Faculty Center for Professional Development for supporting conference registrations for faculty.
- Cal Poly Pomona Department of Instructional & Information Technology (I&IT) Learning for videotaping the conference.

For publicity efforts, the Center wishes to thank the following institutions and organizations:

- Asia Institute, University of California, Los Angeles
- Be the Cause, Tustin, CA
- Center for Asian Studies, and Center for Citizen Peace Building, University of California at Irvine
- Claremont Friends Meeting, Claremont, CA
- The Dalai Lama Foundation, Palo Alto, CA
- Inland Valley Friends Meeting, Riverside, CA
- Institute of World Cultures, Santa Barbara, CA
- Jain Center of Northern California, Milpitas, CA
- Jain Center of Southern California, Buena Park, CA
- Minuteman Press, Santa Ana, CA
- The Shah Foundation

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Special thanks to the members of the Center's Board of Advisors for generously giving their time and sharing their ideas for Center programs and activities.



A H I M S A C E N T E R
NONVIOLENCE IN THOUGHT AND ACTION

California State Polytechnic University, Pomona • College of Letters, Arts, & Social Sciences

Ahimsa is nonviolence rooted in courage and compassion, fearlessness and forgiveness. It connotes reverence for all life. It promotes civility and is the basis for lasting peace in society.

Mission

The Ahimsa Center in the College of Letters, Arts, and Social Sciences at California State Polytechnic University, Pomona is focused on interdisciplinary teaching and learning about nonviolence and its practical applications at various levels: personal, familial, communal, national and international. Educational and outreach initiatives of the Center facilitate an understanding of ahimsa as a positive force informing the ways of thinking as well as living.

Programs and Activities

The Center's perspective on nonviolence encompasses both the domain of "thought"—drawing upon philosophical, religious and cultural traditions from around the world, and the domain of "action"—drawing upon the history of political and social movements spearheaded by leaders such as Mahatma Gandhi, Badshah Khan, Martin Luther King, Jr., Cesar Chavez, the Dalai Lama, and Aung San Suu Kyi. Accordingly, the programs and activities already launched by the Center since its inauguration in 2004 include:

- **A new course, *Nonviolence in Modern World***, developed and offered as a General Education upper division synthesis course to help our students gain a critical and comparative understanding of religious and philosophical traditions of nonviolence, and nonviolent strategies of change. A Minor in Nonviolence Studies has been proposed, and is under review by the University.
- **Professional development programs for K-12 Educators** to help them develop educational strategies and materials for teaching about nonviolence. The first program was held as a Summer Institute (July 18-30, 2005) on the theme, *Nonviolence and Social Change*. The next Institute, in Summer of 2007, will be on the Exemplars of Ahimsa.
- **International conferences** on themes related to Ahimsa to foster dialogue between scholars and the community at large for helping connect *theory* and *practice*. Inaugural conference, "Creating a Culture of Ahimsa: Visions and Strategies," held May 13-14, 2004. The 2006 conference theme is "Ahimsa and the Quality of Life." The next conference in 2008 is being planned as a world-class event on Gandhi.
- **Lectures and workshops by distinguished experts** for the benefit of students and faculty, K-12 educators, and the community. Experts featured in these programs include Johan Galtung, A. T. Ariyaratne and Catherine Ingram.
- **Dialogue and discussion events** with practitioners and scholars of nonviolence and nonviolent social change. Events hosted with Le Ly Hayslip, Satish Kumar and Dwarko Sundrani.

New initiatives to be undertaken in the future include:

- **Undergraduate Scholarships** to encourage and enable college students to pursue serious work on nonviolence and its practical applications.
- **Workshops for faculty** from universities and junior colleges to promote the inclusion of Ahimsa related themes in college curricula.
- **Interdisciplinary applied research** projects to explore the effectiveness of nonviolent approaches and strategies in addressing the roots of violence in contemporary life.
- **Reading Circles** to engage interested individuals from campus and off campus communities to read, reflect upon and discuss works of, or about, leading exemplars of Ahimsa.

Ahimsa Center Advisors

A. T. Ariyaratne. Founder President, Sarvodaya Sharmadana Movement, Sri Lanka.

Christopher Key Chapple. Professor of Theological Studies and Associate Academic Vice President of LMU Extension, Loyola Marymount University, Los Angeles.

Ela Gandhi. Faculty of Human Sciences at University of Natal, Durban, South Africa.

Prem Jain. Formerly Senior VP and General Manager, Routing Technology Group, CISCO Systems.

Padmanabh S. Jaini. Professor Emeritus, Buddhist Studies, University of California, Berkeley.

Satish Kumar. Program Director at Schumacher College, U.K.; Editor of *Resurgence* magazine.

Andrew Moss. Professor of English and Foreign Languages, California State Polytechnic University, Pomona

Nirmal Sethia. Professor, Management and Human Resources, and Director, Center for Business and Design, California State Polytechnic University, Pomona.

Bipin Shah. President and CEO of Kovair-Speedev, Milpitas, CA, and Co-founder and Managing Partner, INC3 Ventures.

Jagdish N. Sheth. Charles H. Kellstadt Professor of Marketing in Goizueta Business School, Emory University, Atlanta, GA.

Bob H. Suzuki. President Emeritus, California State Polytechnic University, Pomona.

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Ahimsa Center Sponsorship Opportunities, 2006

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A new category introduced in 2006. Ahimsa Center's 2008 conference, planned as a special world class event on Gandhi, will be named after the Ahimsa Patron. Listed as "University Silver" in the Honor Roll of Donors for the year of donation. Listed as Ahimsa Patron on the Center's web site and reports. Invited as Guest of Honor in all public programs of the Center.

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■■■■■■■

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