



Symposium on Plant-Based Food and Nutrition: Innovations and Challenges

Speaker Vandana Sheth

RDN, CEO, Writer

Vandana Sheth, RDN, CDCES, FAND is a nationally recognized and award winning registered dietitian nutritionist, certified diabetes care and education specialist, certified intuitive eating counselor, CEO of a successful nutrition and wellness coaching business, global media spokesperson and author of My Indian Table: Quick & Tasty Vegetarian Recipes. She is passionate about positively impacting people with science based nutrition information that is simple, realistic and flavorful.

As an Indian American dietitian, she draws from her rich heritage to offer nuanced nutrition recommendations tailored to diverse cuisines and cultural practices. Embracing her roots while thriving in America, Vandana blends these two worlds to enrich both her personal and professional life.



Nov. 14th 7:30 AM-5:00 PM
Nov. 15th 7:30 AM-12:00 PM

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Event Location

Cal Poly Pomona
Kellogg West Conference Center & Hotel, Building 76
3801 W Temple Ave. Pomona, CA 91768

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