



# Symposium on Plant-Based Food and Nutrition: Innovations and Challenges

## Speaker **Dr. Celine Heskey**

Associate Professor - Loma Linda University

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Dr. Heskey is an Associate Professor of Nutrition and director of the MPH Nutrition Coordinated Program at Loma Linda University. She holds a BS in Dietetics and an MS in Human Nutrition from Andrews University, and a DrPH in Nutrition from Loma Linda University. Her clinical background includes roles at Advent Health-Altamonte and Loma Linda University Medical Center.

Her research focuses on how nutrients and whole plant foods, such as n-3 fatty acids, nuts, avocado, and mango, impact adiposity and cardiometabolic health. She teaches courses on vegetarian diets and integrates plant-based nutrition into medical nutrition therapy for heart disease and diabetes. Dr. Heskey also serves on the board of Food + Planet and was the assistant chair of the Adventist Nutrition & Dietetics International Association's nutrition education committee, promoting plant-based nutrition education for healthcare professionals.



**Nov. 14th 7:30 AM-5:00 PM**  
**Nov. 15th 7:30 AM-12:00 PM**

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## Event Location

Cal Poly Pomona  
Kellogg West Conference Center & Hotel, Building 76  
3801 W Temple Ave. Pomona, CA 91768

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